

Serves: 8

Recipe from the kitchen of: Elma Rogers

Here's what's cookin': Meatloaf



2 # ground beef $\frac{1}{2}$ c catsup

1 egg, beaten 1 tsp salt

$\frac{2}{3}$ c cracker cr. $\frac{1}{8}$ tsp pepper

$1\frac{1}{2}$ T. flour $\frac{1}{2}$ ts garlic p.

$\frac{1}{2}$ c ch onion $\frac{1}{2}$ t worchester

Mix well. Bake in 1 or 2 loaves

Bake @ 350* for 1 hour